A GRILIFE EXTENSION

Denton County AgriLife Update

June 2023 Recap



Contact Your County Extension Service



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<u>Facebook</u> DentonAgriLife

<u>Instagram</u> <u>dentoncountyagrilife</u> We are pleased to provide you with the information contained in this report. Current educational information is supported by Texas A&M AgriLife Extension Service.

Included in this report are monthly updates from our different departments; 4-H & Youth Development, Agriculture & Natural Resources, Better Living for Texans, Family & Community Health, and Horticulture.

If you are interested in participating in any of the mentioned AgriLife Extension educational programs throughout the year, please feel welcome to do so.

All Extension programs are sponsored by AgriLife program area committees for anyone's educational benefit. We would like to acknowledge the Extension volunteer base, Extension Specialists, and cooperators who contributed to the planning of all educational information compiled in this educational newsletter.



Steven Baringer, 4-H and Youth Development Extension Agent



Above: 4-H members attending a variety of events.

AS THE SCHOOL YEAR CAME TO A BRIEF END, SUMMER ACTIVITES FOR 4-H STARTED RIGHT AWAY. DURING THE FIRST WEEK OF JUNE, SEVERAL MEMBERS FROM DENTON COUNTY TRAVELED TO COLLEGE STATION FOR TEXAS 4-H STATE ROUNDUP. WE HAD THREE TEAMS COMPETE IN DIFFERENT STATE CONTESTS; LIVESTOCK JUDGING, HORSE QUIZ BOWL, AND AND HIPPOLOGY. ALSO DURING ROUNDUP, TWO OF OUR OWN WERE RECOGNIZED FOR SCHOLARSHIPS THAT THEY RECEIVED. GRACE REAL AND BRYCE BORCHARDT WERE AWARDED SCHOLARSHIPS FROM THE TEXAS 4-H FOUNDATION. GRACE RECEIVED \$25,000 AND BRYCE RECEIVED \$8,000.

OTHER HAPPENINGS IN JUNE INCLUDED A SUMMER ENRICHMENT CAMP AT LAKE DALLAS MIDDLE SCHOOL OUR OFFICE SUPPORTED, 10 MEMBERS ATTENDED OUR DISTRICT IV LEADERSHIP LAB HELD HERE IN DENTON, AND SOME VOLUNTEERS HOSTED A QUILTING CAMP. THIS CAMP WAS A GREAT EXPERIENCE FOR ALL! THANK YOU TO OUR 4-H VOLUNTEERS AND THE DENTON QUILT GUILD FOR MAKING IT HAPPEN! YOU CAN READ MORE ABOUT THIS CAMP IN THE DENTON RECORD-CHRONICLE AT HTTPS://BIT.LY/3XCJKHW.

AGRICULTURE & NATURAL RESOURCES

Zach A. Davis, Agriculture & Natural Resources Extension Agent

THE SMALL AND NEW LANDOWNER CONFERENCE, HELD ON JUNE 2, WAS A HIGHLY SUCCESSFUL EVENT THAT ATTRACTED 95 REGISTERED ATTENDEES. THE CONFERENCE FOCUSED ON EMPOWERING LANDOWNERS WITH THE KNOWLEDGE AND SKILLS NECESSARY TO EFFECTIVELY MANAGE THEIR PROPERTIES. MULTIPLE CONCURRENT SESSIONS WERE HELD THROUGHOUT THE DAY, COVERING A WIDE RANGE OF TOPICS RELEVANT TO LAND MANAGEMENT.THE SESSIONS WERE DESIGNED TO ADDRESS THE SPECIFIC CHALLENGES FACED BY SMALL AND NEW LANDOWNERS, PROVIDING PRACTICAL INSIGHTS AND STRATEGIES FOR SUCCESS. ATTENDEES HAD THE OPPORTUNITY TO LEARN FROM EXPERIENCED PROFESSIONALS IN FIELDS SUCH AS AGRICULTURE, FORESTRY, CONSERVATION, AND REAL ESTATE. EACH SESSION OFFERED VALUABLE INFORMATION AND GUIDANCE ON VARIOUS ASPECTS OF PROPERTY MANAGEMENT. TOPICS COVERED INCLUDED SUSTAINABLE LAND USE PRACTICES, RESOURCE CONSERVATION, WILDLIFE MANAGEMENT, LEGAL AND REGULATORY CONSIDERATIONS, FINANCIAL PLANNING, AND MORE. THE SESSIONS WERE INTERACTIVE AND ENGAGING, ENCOURAGING ACTIVE PARTICIPATION AND FOSTERING A COLLABORATIVE LEARNING ENVIRONMENT.

ATTENDEES HAD THE CHANCE TO NETWORK WITH FELLOW LANDOWNERS, EXCHANGE IDEAS, AND GAIN INSPIRATION FROM EACH OTHER'S EXPERIENCES. THE CONFERENCE PROVIDED A PLATFORM FOR ATTENDEES TO CONNECT WITH INDUSTRY EXPERTS, ASK QUESTIONS, AND SEEK ADVICE ON SPECIFIC CHALLENGES THEY WERE FACING.

OVERALL, THE SMALL AND NEW LANDOWNER CONFERENCE ON JUNE 2 WAS A RESOUNDING SUCCESS, EMPOWERING LANDOWNERS WITH THE KNOWLEDGE AND TOOLS THEY NEED TO MANAGE THEIR PROPERTIES EFFECTIVELY. THE EVENT NOT ONLY PROVIDED VALUABLE EDUCATIONAL OPPORTUNITIES BUT ALSO FOSTERED A SENSE OF COMMUNITY AMONG LANDOWNERS, CREATING A SUPPORTIVE NETWORK THAT WILL CONTINUE TO BENEFIT ATTENDEES LONG AFTER THE CONFERENCE HAS ENDED.



Above: Small and New Landowners networking.

BETTER LIVING FOR TEXANS

Dusty Fife, Better Living for Texans Extension Agent



The BLT program helps people make healthy meals, improve their physical fitness, save money at the grocery store, grow their own foods, and adopt better food safety habits.

JUNE WAS A VERY SLOW MONTH REGARDING PROGRAMMING FOR BETTER LIVING FOR TEXANS. SEVERAL OF MY PROGRAMS WRAPPED UP IN MAY, LEAVING JUNE OPEN FOR TRAINING, MARKETING PROGRAMS, YEAR-END REPORTING, AND GETTING ALL CAUGHT UP. WE HAD PROGRAM PLANNING TRAINING IN DALLAS FOR A FEW DAYS TO PREPARE US FOR THE UPCOMING REPORTING DUE DATES.

I AM ALSO HAPPY TO REPORT THAT ONE OF THE NEW ORGANIZATIONS I HAVE RECENTLY CONNECTED WITH IS OUR DAILY BREAD IN DENTON COUNTY. I LOOK FORWARD TO STARTING A NEW SERIES CALLED A FRESH START TO A HEALTHIER YOU IN JULY WITH THEIR CLIENTS. ANOTHER EXCITING DEVELOPMENT HAS MATERIALIZED FROM THE RELATIONSHIP WITH DENTON COUNTY'S PUBLIC HEALTH DEPARTMENT. WE HAVE BEEN WORKING TOGETHER TO START A MOMMY AND ME WALK N TALK WITH THE WOMEN, INFANTS, AND CHILDREN (WIC) NUTRITION PROGRAM. THE WALK N TALK PROGRAM IS AN EIGHT-WEEK PROGRAM WHERE I GO ON A 25-30 MINUTE WALK WITH PARTICIPANTS, THEY LEARN ABOUT A NEW FRUIT OR VEGETABLE, AND THEN THEY GET TO SAMPLE WHAT WE ARE LEARNING ABOUT. THIS NEW PARTNERSHIP ALSO INCLUDES UTILIZING THE DENTON CIVIC CENTER WALKING TRACK.

I WAS ABLE TO GET THE CIVIC CENTER TO DONATE YEAR-LONG WALKING PASSES FOR PARTICIPANTS WHO AGREED TO DO THE 8-WEEK PROGRAM. WITH THIS DONATION, PARTICIPANTS WILL HAVE NO REASON NOT TO COME TO WALK REGULARLY AND CAN ALWAYS WALK INSIDE TO BEAT THE EXTREME TEXAS TEMPERATURES.

FAMILY & COMMUNITY HEALTH

Chandani Kothari, Family and Community Health Extension Agent

I WRAPPED UP 'A MATTER OF BALANCE' WORKSHOP AT LITTLE ELM SENIOR CENTRE AND STARTED A NEW WORKSHOP AT LAKE FOREST GOOD SAMARITAN VILLAGE. ALONG WITH THE NORTH CENTRAL TEXAS COUNCIL OF GOVERNMENTS, I HAVE OFFERED THIS 8-WEEK PROGRAM TO THE SENIORS IN OUR COMMUNITY TO REDUCE THEIR FEAR OF FALLING AND HELP THEM IMPROVE THEIR ACTIVITY LEVELS. I AM LOOKING FORWARD TO OFFERING MORE WORKSHOPS TO BENEFIT OUR SENIOR CITIZENS.

I AM INCREDIBLY THANKFUL FOR JOHN CORKERY, A MASTER WELLNESS VOLUNTEER WHO COLLABORATED WITH THRIVE AT LEWISVILLE TO PRESENT ON 'POWER TO PREVENT DIABETES', A RESEARCH BASED TALK TO INCREASE AWARENESS ABOUT DIABETES AND PREDIABETES.



A great presentation and turnout at Thrive on the "Power to Prevent Diabetes" topic.

HORTICULTURE

Janet Laminack, Horticulture Extension Agent



1971-2023

JANET LAMINACK, A LONGTIME COUNTY EXTENSION AGENT - HORTICULTURE AT TEXAS A&M AGRILIFE EXTENSION AND A PART OF THE DENTON COUNTY FAMILY, PASSED AWAY EARLY WEDNESDAY, JUNE 28, 2023.

SHE WILL BE GREATLY MISSED AND MOST FONDLY REMEMBERED FOR HER DEDICATION TO MAKING THE OUTDOORS A FUN PLACE FOR EVERYONE. WITH AN ALWAYS READY SMILE AND A FUN, QUIRKY PERSONALITY, JANET TOUCHED MANY LIVES ACROSS THE REGION.

JANET LOVED TO LAUGH. SHE WOULD OFTEN TRY SOMETHING JUST TO MAKE SOMEONE SMILE. SHE ENJOYED LIFE AND ALWAYS BROUGHT A POSITIVE ENERGY EVERYWHERE SHE WENT.

AS PART OF HER POSITION, JANET WORKED WITH THE DENTON COUNTY MASTER GARDENER ASSOCIATION AND THE ELM FORK CHAPTER OF MASTER NATURALISTS, DEVELOPING AND EXPANDING A VEGETABLE AND FLOWER SHOW, WORKING CLOSELY WITH 4-H YOUTH PROGRAMS, AND TEACHING YOUTH ABOUT HORTICULTURE PROJECTS. SHE WORKED WITH GROUPS ON EVERYTHING FROM IDENTIFYING CREPEMYRTLE BARK SCALE IN MCKINNEY TO HELPING TEST WATER IN A RESERVOIR.

JANET BEGAN HER CAREER IN DENTON COUNTY IN SEPTEMBER 2008. SHE ALSO SERVED AS A SUSTAINABLE AGRICULTURE VOLUNTEER/TECHNICAL TRAINER WITH THE PEACE CORPS IN ECUADOR FOR TWO YEARS. BEFORE THEN, SHE SERVED AS A COUNTY EXTENSION AGENT IN TAYLOR COUNTY, A HORTICULTURAL THERAPY SPECIALIST AND THERAPY INTERN AT THE DENVER BOTANIC GARDENS, AND A HOUSTON URBAN GARDENING PROGRAM INTERN IN HARRIS COUNTY.

"JANET WAS KNOWN NOT ONLY FOR HER BEAUTIFICATION EFFORTS ACROSS DENTON COUNTY BUT ALSO FOR HER DESIRE TO BEAUTIFY THE WORLD AROUND HER WITH HER WORK FAMILY, HER FRIENDS, HER FAMILY AND EVEN STRANGERS," SAID DENTON COUNTY JUDGE ANDY EADS. "YARDS ACROSS DENTON COUNTY ARE MORE BEAUTIFUL BECAUSE JANET INSPIRED OTHERS ACROSS THE COUNTY TO BEAUTIFY THEM. SHE WILL BE GREATLY MISSED BY EVERYONE."





4-H Clover Kids Camp - 07/11-07/14

Farm-to-Table Camp 07/17-07/21

Pesticide Application Training - 07/20

For more information on these programs go to <u>https://denton.agrilife.org/</u> or call us at 940-349-2882 Don't forget to like and follow us on <u>Facebook</u> and <u>Instagram</u>!

