Denton County 4-H celebrated its members on August 13, 2022, at the annual Gold Star Banquet. We thank the Denton County Commissioner’s Court for allowing us to use the 2020 Room in the new Denton County Administrative Courthouse!

Contact Your County Extension Service

Phone
(940) 349-2882

Email
denton-tx@tamu.edu

Facebook
DentonAgriLife

Instagram
dentoncountyagrilife

We are pleased to provide you with the information contained in this report. Current educational information is supported by Texas A&M AgriLife Extension Service.

Included in this report are monthly updates from our different departments; 4-H & Youth Development, Agriculture & Natural Resources, Better Living for Texans, Family & Community Health, and Horticulture.

If you are interested in participating in any of the mentioned AgriLife Extension educational programs throughout the year, please feel welcome to do so.

All Extension programs are sponsored by AgriLife program area committees for anyone’s educational benefit. We would like to acknowledge the Extension volunteer base, Extension Specialists, and cooperators who contributed to the planning of all educational information compiled in this educational newsletter.
With the end of August, we close out our 4-H year. Denton County 4-H celebrated its members on August 13, 2022, at our annual Gold Star Banquet. We thank the Denton County Commissioner’s Court for allowing us to use the 2020 Room in the new Denton County Administrative Courthouse! Along with 4-H members and their families in attendance, distinguished guests included Denton County Commissioner Bobbie J. Mitchell, Denton County Farm Bureau President Tommy Calvert, Denton County AgriLife Equine Committee President Mike Johnson, and members of the Denton County, Texas A&M AgriLife Extension Advisory Board. Leadership Advisory Board members in attendance included: Mary Bridges, Lynda Harvey, Shirley Haisler, and Dianne Randolph.

We recognized 35 4-H members and 40 adult volunteers for all the fantastic work they do for the 4-H program. The major 4-H youth awards were given as follows:

- **Farm Bureau Citizenship Award** – Hannah Davis and Grace Real
- **The Danforth “I Dare You” Award** – Stockton James
- **Al Petty Scholarship** – Erik Dieterich
- **Bronze Star Award** – Brayden Bland and Molly Beadle
- **Silver Star Award** – Briar Bannahan and Campbell Real
- **Gold Star Award** – Bryce Borchardt and Joshua Hayes

Denton County 4-H had a very successful 4-H year and we are looking forward to the next!
In August the AgriLife Extension had a great month being an active participant at the North Texas Fair. The entire office split time promoting our programs to the community and educating citizens about agriculture and nutrition. We attended our fair booth each night from 6 pm to 10 pm and promoted the Texas A&M Extension Service and our programs. Aside from the booth, staff supported 4-H members at the livestock judging contest as well as other special shows.

While not at the fair, we held our quarterly private applicator training to educate producers on properly using pesticides. We concluded our Landowner 101 summer series on August 19th. Agent Zach Davis presented information on raising small acreage sheep and goats in addition to low-stress livestock handling principles. During August, the agents also traveled to College Station, TX to attend the State AgriLife Conference held on August 16th - 18th.
August was a slow month in terms of programming for Better Living for Texans (BLT) Agent Dusty Fife. For BLT, this is the time of year for closing programs and year-end wrap-ups. While there were no programs during August, Fife spent a week in College Station for the Annual State Conference. A new reporting system is coming out, and agents are learning how to utilize it properly to track programs and participants and their journey to becoming healthier. Agent Fife also worked with Elevance Health and Amerigroup to bring a Health Screening Event to Denton County residents at the end of August. Though programming was slow, Agent Fife has been extremely busy preparing for the eight programs starting in September. Be on the lookout for her upcoming programs. She will be doing several Walk N Talks, a Be Well Live Well, two Healthy Carbohydrate series, and much more.
The Denton County Family and Community Health Advisory Committee met to discuss programming needs, upcoming opportunities, and strategies to build our reach within the community. Agent Chandani Kothari attended the AgriLife State Conference to learn about engaging volunteers, building better programs, and telling our story well to our stakeholders.

Agent Chandani Kothari presented a talk about Stroke Identification at Pilot Point Public library and, along with Dusty Fife, gave a healthy recipe demonstration during a health fair at the Denton Civic Center. She also presented to the youth on topics of nutrition and fashion during the two-day 4-H/FCH Boot Camp.
Science with Attitude (SWAt) members gathered for their monthly meeting and presentation on August 25th. Master Naturalist Diane Wetherbee spoke on “The Misunderstood Opossum.” The presentation explored fascinating facts about the Virginia opossum. Additionally, volunteers are gearing up for the Denton ISD Fall School Days at Clear Creek, which starts on September 23rd. The Fall School Days will serve 26 Denton ISD Schools with activities that meet the state standards in a hands-on, mind-on adventure.

Master Gardeners and Master Naturalists were offered two exciting classes at Beulah Acres Agroforest this month. First, "Intro to Permaculture Design" focused on how to create living environments that are harmonious, sustainable, and productive. Secondly, "Rainwater Class" taught the importance of watershed and rainwater harvesting, including a rain barrel setup demonstration. Additional August programs included "Herb Gardening," "Insect Nature Walk," and "The Box Turtle World."
A Matter of Balance: Fall Prevention - Thursdays 9/1 - 10/20
Walk N Talk: Rethink Your Drink - Tuesdays 9/13 - 11/1
Fruit Production in North Texas - 9/15
Healthy Carbohydrates - Thursdays 9/15 - 10/6
Walk N Talk: Fruit & Vegetable - Thursdays 9/15 - 11/3
Fall into Gardening - 9/17
Free Hay Clinic - 9/22
Fall DISD School Days - starting 9/23
4-H Food Challenge Workshop - 9/24
Equine Nutrition - 10/4

For more information on these programs go to https://denton.agrilife.org/ or call us at 940-349-2882
Don't forget to like and follow us on Facebook and Instagram!
DO YOU HAVE concerns about falling?

JOIN OUR FALL PREVENTION CLASS.

Many older adults experience concerns about falling and restrict their activities. A MATTER OF BALANCE is an award-winning program designed to manage falls and increase activity levels.

This program emphasizes practical strategies to manage falls.

YOU WILL LEARN TO:
- view falls as controllable
- set goals for increasing activity
- make changes to reduce fall risks at home
- exercise to increase strength and balance

WHO SHOULD ATTEND?
- anyone concerned about falls
- anyone interested in improving balance, flexibility, and strength
- anyone who has fallen in the past
- anyone who has restricted activities because of falling concerns

A Matter of Balance is a FREE fall-prevention program that consists of eight workshops

September 1 – October 20, 2022
(Eight Thursdays)
9:00 am – 11:00 am

Denia Recreation Center
1001 Parvin St,
Denton, Texas 76205

To register call (940)349-8285 or sign up through the Denton Parks website at:
www.dentonparks.com

EEO Statement: The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.
DENTON COUNTY HAY CLINIC

SEPTEMBER 22ND 2022 @ 5:30PM
FAIR HALL- 2217 N CARROLL BLVD.
DENTON, TX 76201

5:30pm - Check in / Equipment
Demonstration
6:30 - Meal
7:00 - Managing Grassy Weeds with Herbicide’s
Monte Rouquette Jr. PAS
Texas A&M Professor

New Herbicide Technologies related to forages
Kelly Pike, Winfield Solutions

FREE HAY TESTING!
A LONG WITH THE PRESENTATION, HAY TESTING WILL BE PROVIDED AT NO CHARGE. YOU MAY SUBMIT UP TO FIVE SAMPLES FOR TESTING.

TO SUBMIT A SAMPLE DROP OFF AT:

DENTON COUNTY Extension
320 BELL PL.
DENTON, TX

DROPP OFF DATES AUG. 22ND-31ST

PLEASE CONTACT COLLEEN @ 940.349.2894 OR COLLEEN.CURTIS@DENTON COUNTY.GOV TO REGISTER!

TITe SPONSOR:

ASCO

West Seed

KELSO OIL COMPANY

WinField

UNITED

TEXAS A&M
AGRILIFE EXTENSION

THIS PROGRAM IS COORDINATED BY THE DENTON COUNTY AG COMMITTEE AND SPONSORED BY:
OCTOBER 4TH 2022

Equine Nutrition

FREE EDUCATIONAL CLASS
PUT ON BY THE DENTON COUNTY EQUINE COMMITTEE

GUEST SPEAKERS:
DR. R. HARRY ANDERSON, PHD
&
NEAL HUGHES
SALE'S REP. TOTAL EQUINE

LOCATION: JOHNSON FEED STORE
224S CHARLES ST, LEWISVILLE, TX 75057
TIME: 6:30PM

PLEASE CONTACT COLLEEN@ 940.349.2894
OR
COLLEEN.CURTIS@DENTONCOUNTY.GOV
TO REGISTER AND GET MORE INFO

TEXAS A&M AGRILIFE EXTENSION

Educational programs of the Texas A&M Agrilife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information, or veteran status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating. Persons with disabilities needing accommodations for effective participation in the meeting should contact Denton County Agrilife Extension office at least a week in advance of the meeting to request mobility, visual, hearing, or other assistance.