

Denton County AgriLife Update

May 2022 Recap



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We are pleased to provide you with the information contained in this report. Current educational information is supported by Texas A&M AgriLife Extension Service.

Included in this report are monthly updates from our different departments; 4-H & Youth Development, Agriculture & Natural Resources, Better Living for Texans, Family & Community Health, and Horticulture.

If you are interested in participating in any of the mentioned AgriLife Extension educational programs throughout the year, please feel welcome to do so.

All Extension programs are sponsored by AgriLife program area committees for anyone's educational benefit. We would like to acknowledge the Extension volunteer base, Extension Specialists, and cooperators who contributed to the planning of all educational information compiled in this educational newsletter.

4-H & YOUTH DEVELOPMENT

Steven Baringer, 4-H and Youth Development Extension Agent

Denton County 4-H has two remarkable things we want to share with you from May! First, two members of our 4-H family received a Texas 4-H Salute to Excellence Award. Shirley Haisler received the Texas 4-H Alumni Award, and Colleen Carpenter received the Commendable Service Award. These two individuals are prime examples of people who genuinely care about the 4-H program and bettering the lives of Denton County youth.

Secondly, we hosted a Lake Dallas ISD & AgriLife Cooking Showcase with a vast crowd! Students from Lake Dallas Middle School, Lake Dallas & Corinth Elementary Schools showed off their cooking skills they learned through our outreach programs. Thank you to all the family members, Lake Dallas ISD School Officials, Paula Butler (Regional Program Leader), and Commissioner Mitchell for attending!





Above: Commissioner Bobbie Mitchell showing her support at the Lake Dallas ISD & AgriLife Cooking Showcase.



Below: Colleen Carpenter is one of two Denton County recipients of the Texas 4-H 2022 Salute to Excellence Award.



AGRICULTURE & NATURAL RESOURCES

Zach A. Davis, Agriculture & Natural Resources Extension Agent



Farmers attended the Denton County AgriLife Extension's annual Wheat Field Day to learn about improved varieties of wheat crops.

During the month of May farmers enjoyed our annual Wheat Field Day program. 40 farmers attended the event to learn about improved varieties of wheat crops, adapted specifically for the north Texas area. The event was sponsored by Texas Wheat Board. In addition we continued our summer series in Landowner 101 for new landowners. We finished session 2 of 5 in May. Our focus for this month was managing finances and liability on your farm.





BETTER LIVING FOR TEXANS

Dusty Fife, Better Living for Texans Extension Agent

May was another busy month for Better Living for Texans Agent Dusty Fife. Her Walk N Talk programs with Pilot Point and Aubrey Library, Gonzalez Preschool for the Young, and the Denton Department of Parks and Recreation all concluded. Participants were pleased to report that they walked a combined effort of over 832 miles, which also happens to be the distance across Texas. Many of the participants have chosen to continue to walk with the friends that they have made while in the program. Another program Agent Fife is continuing is A Fresh Start to a Healthier You program with the Texas Health and Human Service's Foster Grandparent program. The seniors that are registered for this course are learning about food safety, how to save money at the grocery store, and food resource management.

Agent Fife also attended more onboard trainings during the month of May. The subjects covered were Civil Rights and Supplemental Nutrition Assistance Program Education. She continues to learn new and exciting aspects of her job at these valuable trainings. In conclusion, Dusty was honored when she was selected to be showcased in a new agent spotlight by Texas A&M AgriLife Extension.







FAMILY & COMMUNITY HEALTH

Chandani Kothari, Family and Community Health Extension Agent



Left:
Extension
Agent
Chandani
Kothari
teaching 4th
and 5th
graders about
My Plate and
nutrition at

This May, our Family and Community Health agent started a 6 lesson series called 'Master of Memory' for seniors at Evergreen Arbor Hills independent living center in Carrollton. This is a fun interactive program where seniors learn about how memory works and different conditions that might affect memory. At the end of each lesson, seniors participate in fun exercises to stretch their brain.

We also kicked off Walk Across Texas at Flower Mound Senior Center, with 5 teams and 28 participants that have embarked on an eight week journey to make their way across Texas, which is 832 miles. So far they have walked 4,313 miles altogether, and 3 teams have already made their way across Texas!

Chandani Kothari also taught about My Plate and nutrition to 4th and 5th grade students at Krum ISD during their 1st Krum Ag Day. More than 300 students learned about different food groups and walked away by making their own 'Almost My Plate Trail Mix'.

Right: Seniors learning about types of memory at the 'Masters of Memory' program.





HORTICULTURE

Janet Laminack, Horticulture Extension Agent

May was a successful month for the Master Gardeners! Their Garden Tour, featuring four beautiful garden properties, brought in 1,539 visits. Each garden exhibited research-based horticultural and environmental practices for sustainable gardening. We are overjoyed for the success of the Garden Tour, which allows Master Gardeners to educate and engage the community. The Master Gardeners are busy preparing for their next big event, the annual Fruit, Vegetable, Herb, and Flower Show on June 18th at the Denton Historical Park. Ribbons and cash prizes will be awarded to the top entries in both the Adult and Youth divisions.

Members of the Master Gardeners and Master Naturalists came together to teach fourth and fifth graders at Krum Ag Day through the Science with Attitude (SWAt) program. Children made Texas native wildflower seed balls that they took home to plant in the fall. After making seed balls, SWAt volunteers taught the fifth graders about growing seeds.







Above & lower left:
Children attended Krum
Ag Day where they made
wildflower seedballs with
SWAt volunteers.

UPCOMING EVENTS

Farm Heritage Day 6.11

Farm to Table Camp 6.13 - 6.17

Cooking Well with Diabetes 6.17 / 6.24

SWAt Summer Camp 6.20 - 6.24

Leaders are Readers 6.20 / 7.11 / 7.19 / 7.22 / 7.25

Summer Validation 6.23 & 6.27

Fruit, Veg., Herb, & Flower Show 6.28.22

OLLI - Robson Ranch 6.28

OLLI - Flower Mound 6.29

Clover Kids Camp (full) 7.12 - 7.14

4-H Expo 7.27

FCH/4-H Bootcamp Day 8.4

For more information on these programs go to https://denton.agrilife.org/ or call us at 940-349-2882 Don't forget to like and follow us on Facebook and Instagram!



